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## of the best study tips for young learners

Follow these tips to make your study for exams more efficient and effective.



### 1. Take practice tests.

Questions that make you recall information from memory, like fill-in-the-blanks, may feel harder to get right than multiple choice questions, but that practice remembering is exactly what will help you do well on your exams. If you choose to study with a friend, take turns asking practice questions of each other. Make sure you both get a chance to try remembering!



### 2. Space your practice out, don't cram.

- If you have a test in one week, study for 30 minutes in the morning and 30 minutes in the evening every day.
- If your test is further out, make sure to study at least once a week, and try to revisit each piece of content at least once a month. The results of this may not be immediately obvious, but don't give up.
- Learners who space out their study learn better than those who cram the night before an exam.



### 3. Make it make sense.

We remember information best when we connect it with what we already know, and think about it deeply. Ask yourself questions about ideas and procedures you are learning, like "How does this relate to earlier material?" "How would I explain this to someone else?" or "What else could this information help me to understand or be able to do?"